

## **Elmwood Junior School PE and Sports Premium 2022-2023**

Elmwood Junior School recognises and values the importance of Physical Education (P.E). PE at Elmwood Junior School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically-demanding activities.

We do this through fully adhering to the aims of the National Curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferrable life skills such as tolerance, fairness and respect. Through enrichment activities and intra-school competitions, we aim to raise the profile of PE and expose our children to sports they may never have had the opportunity to engage with. Our PE syllabus is based on an enhanced model of Real PE with a clear progression structure from Year 3 to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. Additionally, an imperative element of the curriculum at Elmwood shows a need for healthy life styles, a balanced diet, positive growth mind-set and the resilience to persevere. We are passionate about the need to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values

Sport Premium is an amount of money which the government allocates to schools to increase and develop the quality, provision and participation of PE and Sport in school. The funding amount received by schools is based upon the number of children of primary age at the school. Elmwood Junior School have been awarded £20,800.

The funding has been provided to ensure impact against the following key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

It is important to emphasise that the focus of spending must be sustainable and leave a lasting legacy beyond the funding allocation. Funding enables our PE Coordinator to attend subject network meetings which provide advice on how to best monitor and evaluate the quality of teaching, outcomes for pupils and the impact of our PE and Games Funding strategy. The network meetings also create the opportunity to forge links in the local community and with other schools. Staff have received training in the implementation of our indoor PE scheme of work 'Real PE'- liaising with experts in the field of sports and games coaching. It will allow us to fund specialist providers, giving opportunities for children to develop skills in a wider range of sports, improve their fitness levels and develop a better understanding of the importance of physical activity as part of a healthy lifestyle. We will purchase new equipment and resources to allow pupils to access these sports.

## **Swimming**

The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (e.g. front crawl, breaststroke and backstroke)
- Perform safe self-rescue in different water based situations

From Summer term 2020/21, Year 6 began a concentrated set of hour-long lessons every day across a fortnight, as opposed to 8 weekly 30-minute sessions. This, at no cost to parents, was £12,970 for coach and pool hire for the Year 6 year group. This proved to be a far more effective way of teaching swimming to the children, as shown in the results below:

## Swimming & Water Safety Percentage

### **Percentage of Year 6 pupils who were able to swim competently, confidently and proficiently over a distance of 25 metres when they left school at the end of the last academic year?**

(Achieved yellow band and above) 72% (23% in 2017/18)

### **Percentage of Year 6 pupils who could use a range of strokes effectively when they left school at the end of the last academic year?**

(Achieved yellow band and above) 72% (23% in 2017/18)

### **Percentage of Year 6 pupils who could perform safe self-rescue in different water based situations?**

(Achieved white band or above) 25% (6.6% in 2017/18)

In 2019-2020 Elmwood pupils have engaged in more varied physical and sporting activities than ever before. This has included:

- After School Clubs

Popular Multi-sports and Dance clubs were run after school and attended by pupils from all year groups.

- Football

Alongside the well-established Year 5/6 boys football team, the Elmwood Junior School girls football team were able to play a series of competitive fixtures before school closures in March. Pupils in Years 5 and 6 took part in football tournaments at both The Cedars and Lanfranc schools.

- Netball

Featuring girls from Year 5 and 6, the netball team also took part in a series of matches in 2019-20. In March, Elmwood pupils took part in a netball tournament at Old Palace of John Whitgift Independent Girls School.

- Athletics A full programme of athletics had been planned for the Spring and Summer terms but these were suspended due to school closures from March.

- Rugby

Pupils from Years 5 and 6 represented Elmwood at a Tag Rugby competition - also hosted by The Cedars School. The team was chosen from a trial of over one hundred pupils who then took part in a short training programme to prepare them.

- The Mile Challenge

All classes took part in 'The Mile Challenge'. This international initiative involved all pupils running, jogging or walking around the school grounds for fifteen minutes every day.

- Hockey

In January 2020, Elmwood pupils from all year groups took part in a competitive hockey tournament also at Old Palace School.

- Sports Captains

A team of sports captains were chosen from Years 5 and 6. A special assembly took place to introduce them to the school. All sports captains helped the LSAs every day - clearing the playgrounds of equipment at the end of playtime/lunchtimes. They were also due to help run Sports Day (since cancelled). Each sports captain endeavoured to be a positive role model to other children by demonstrating good sportsmanship.

*Due to the COVID-19 pandemic, we have been unable to continue to excellent range of sports on offer due to class bubbles. We hope to restart these programmes effectively in 2022/2023.*

Academic Year: 2020/21

Total funding: £20,800

PE and Sport Premium Indicator	Actions	Funding Allocation	Evidence	Impact	Next steps
The engagement of all pupils in regular physical	Smith's Sport coaches deliver outdoor PE for 1 hour per week.		Children participate in at least 2 hours of physical exercise each week.	A wide range of children (including inactive children) are	Fully embed REAL PE as the scheme of work throughout the school.

<p>activity – kickstarting healthy active lifestyles</p>	<p>Create Development's REAL PE scheme of work purchased for indoor PE.</p> <p>Multi-sport, football, netball, dance and athletics clubs after school (these will be happening again after the pandemic).</p>	<p>Year 3 Scheme of Work: To cost £125 (Year 4, 5 and 6 included through CSSP membership course)</p> <p>PE Equipment: £1,500 LSA after school clubs: £2,700</p>		<p>participating in lunchtime activities.</p> <p>REAL PE and outdoor PE lessons are helping to focus children on their fundamental movement skills as well as putting those skills into practice in competitive games.</p>	<p>Introduce a dance element once every term of each year group</p> <p>Re-introduce the Daily Mile at the school.</p>
<p>The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>Membership of Croydon School Sport Partnership.</p> <p>School website and noticeboard updated.</p>	<p>Membership of CSSP: £3,000</p>	<p>Silver School Games Mark achieved for 2016-17.</p> <p>School website and noticeboard regularly updated, along with reports in assembly. Individual achievements of children celebrated.</p>	<p>Children are more aware of the opportunities available to them. Children are inspired by their schoolmates.</p>	<p>Continue to celebrate more individual achievements of children within our school.</p> <p>Offer children a clearer pathway into outside clubs and teams.</p>
<p>Continue with new format of Swimming lessons</p>	<p>Lessons delivered at Thornton Heath Leisure Centre (coaches to shuttle class and teacher to and from school).</p>	<p>Pool rental: £6,000 Coach rental: £6,970</p>	<p>Year 6 will have 10 hours of swimming lessons across a concentrated two-week period.</p>	<p>Children are able to achieve the National Curriculum's expectations of swimming.</p>	<p>Continue to celebrate more individual achievements of children within our school.</p>

					<p>Start lessons for Year 5 in addition to Year 6.</p> <p>Look into Swimming Galas around Croydon to enter (when it is safe to do so).</p>
<p>Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>PE Co-ordinator has led staff meetings on delivering PE lessons and the new scheme of work.</p> <p>Team Teaching organised through Croydon School Sport Partnership (CSSP) to benefit individual teachers.</p>	<p>(included in membership of CSSP)</p>	<p>Staff have greater confidence in delivering high quality PE lessons – PE Coordinator lesson observations.</p>	<p>Children benefiting from clearer focus on fundamental skills and more structured lessons.</p>	<p>Offer team teaching training to more staff.</p> <p>Run further whole staff training sessions.</p> <p>Carry out regular observations and feedback to ensure staff are confident and well equipped.</p>
<p>Broader experience of a range of sports and activities offered to all pupils</p>	<p>Squash, hockey, tag rugby as well as football, netball, athletics have been offered to pupils through CSSP events.</p> <p>After school clubs (multi-sports, dance, cricket, football,</p>	<p>(included in membership of CSSP)</p> <p>Cricket Nets: £615 (LSA after school clubs)</p>	<p>Each child able to participate in a new club/sport. Clear progression from these clubs and lunchtime coaching sessions into Level 2 games through CSSP opportunities.</p>	<p>Children have experience of a wider range of sports and activities within our school.</p>	<p>Embed Change4Life club in the school.</p> <p>Continue to enter children into events of sports that they have not had as much access to.</p>

	netball and athletics) offer an array of activities to pupils, once the pandemic is over.				
Increased participation in competitive sport	Pupils take part in Level 1 and Level 2 games, including in-house sport festivals, sports day and inter school competitions.	(included in membership of CSSP)	<p>Boys and girls football teams take part in Croydon leagues.</p> <p>Netball team enter interschool tournaments (not happening this academic year).</p> <p>Athletics team participate in the Croydon Athletics Championships.</p> <p>Cross year-group, inter school orienteering festival in Lloyd Park (organised by CSSP) in September.</p>	More children are involved in competitive sport within our school and our children have the opportunity to compete in the local borough.	Enter more B and C teams into competitive events.