

Elmwood Junior Menu September 2020
Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Piri Piri Chicken with Rice	Jacket Potato With Baked Beans & Cheese or Tuna Sweetcorn	Roast Chicken Thigh with Roast Potatoes & Gravy	Beef Madras with Naan Style Bread with Rice	Battered Fish and Chips
Sweet and Sour Vegetables with Rice	Tomato & Basil Pasta	Root Vegetable Wellington with Roast Potatoes & Gravy	Pesto Style Pasta	Wholemeal Cheddar & Spinach Quiche with Chunky Chips
Freshly Made Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread
Sweetcorn	Green Beans	Carrots	Broccoli	Peas
Coleslaw Side	Chef's Salad	Crudités	Chef's Salad	Crudités
Harrison Bear Lemon Shortbread with an Orange Wedge	Mixed Fresh Fruit	Chocolate Muffin with a Watermelon Slice	Iced Orange Cake	Mixed Fresh Fruit

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Freshly Made Cheese & Tomato Pizza Wedge with Tomato Pasta Side	Homemade Sausage Roll with Potato Wedges	Chicken Tikka Masala with Naan Style Bread & Rice	Macaroni Cheese	Fish Fingers and Chips
Bean and Vegetable Chilli with Rice	Cheese & Onion Roll with Potato Wedges	Pasta Italienne	Jacket Potato with Baked Beans & Cheese or Savoury Mince	BBQ Style Bean Wrap with Chips
Freshly Made Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread	Freshly Made Bread
Crudités	Baked Beans	Broccoli	Carrots	Peas
Coleslaw Side	Chef's Salad	Crudités	Crudités	Chef's Salad
Lemon Cupcake with an Apple Wedge	Mixed Fresh Fruit	Ice Cream Tub	Mixed Fresh Fruit	Orange Shortbread with an Orange Wedge