



## CROYDON PARTNERSHIP EARLY HELP

# Best Start Family Solutions

Information for children and their parents/carers and families

### WHO ARE WE?

Every family can go through challenging times at some point. Early help means working with you and your family so that small problems don't become big problems.

### WHY WOULD I NEED EARLY HELP?

There are lots of reasons why people look for early help:

- You may be worried about your child's health, development or behaviour
- You may be worried about how they are doing at school
- You may be worried about money or housing and how that is affecting your family
- Your child and family may be affected by domestic abuse, drugs, alcohol, mental ill health or crime.

### WHAT WILL HAPPEN WHEN I ASK FOR HELP?

The professional will talk with you about the problems you're experiencing. They may just point you to the right services for your family. However, if it is a bit more complicated they may complete a Child and Family Wellbeing Assessment (CFWA). This helps them to understand more about what your family needs and which professionals and services can work together to help and support you.

You can talk about things that are going well and things that you are proud of as well as things that you're finding a challenge.

If the person talking to you believes you and your family need to be referred for more intensive early help support, they will need to refer you and your family to the relevant service.

### WHAT CAN I DO NEXT?

If you would like to find out more about early help, please speak to a professional involved with your family or look at our website [www.croydon.gov.uk/healthsocial/families/ccfpartnership/early-help](http://www.croydon.gov.uk/healthsocial/families/ccfpartnership/early-help)