

## Reporting and responding to bullying

Bullying can be reported to any appropriate adult at Elmwood Junior School. The senior management team are informed of all reported incidents of bullying and have in place a system to record and store bullying incidents.

### Advice for Parents or Carers

- Make sure your child is not afraid to ask for help.
- Calmly talk to your child about his/her experiences. Consider if what your child is describing is bullying, and while supporting your child, be objective.
- Make a note of what your child says – including how often the bullying has occurred, where it happened and who is involved.
- Reassure your child that you will be working with the staff at the school to ensure that the bullying stops, without making the situation worse for them.
- Inform the school.
- Advise your child not to fight back as it can often make matters worse.
- Don't take matters into your own hands; the school should be a partner in sorting out the situation.
- Give the school reasonable time to find out more and respond to your and your child.

### Useful contacts



0800 1111  
<http://www.childline.org.uk>



08088002222  
<http://www.bullying.co.uk/>



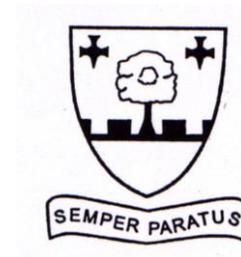
08451 205204  
<http://www.kidscape.org.uk/>



0208 771 3377  
<http://www.beatbullying.org/contact-us/>

*Learning together*  *Achieving together*  *Bringing out the best in everyone*

# Elmwood Junior School Anti-Bullying Information



*Learning together*  *Achieving together*  *Bringing out the best in everyone*

Elmwood aims to provide a safe, caring and friendly environment for all our pupils to allow them to learn effectively and achieve their full potential. We want our pupils to feel safe in school and feel confident to seek support from the school community should they feel unsafe.

**What is bullying? Definition of bullying (as agreed by school council)**

Bullying is bad treatment of a person that harms the victim in some way.

**Why does bullying happen?**

The bully (or a group of people) does it to make themselves feel better than someone else and usually repeats it more than once. They do it on purpose.

**What effects does bullying have?**

The victim feels unsafe, scared, lonely, hurt or upset.

**What types of bullying are there?**

The bullying can be

- Physical
- Verbal (including spreading rumours)
- Indirect (ignoring someone)
- Via technology (cyber bullying, e.g. nasty messages)

**How does bullying differ from teasing, falling out between friends or other types of aggressive behaviour?**

- There is a deliberate intention to hurt or humiliate.
- There is a power imbalance that makes it hard for the victims to defend themselves.
- It is usually persistent.

**How do we keep Elmwood a safe, happy place?**

- Assemblies.
- Circle time.
- Peer buddy system.
- Worry boxes.
- Praise positive and cooperative behaviour (star of the week).
- A safe and secure environment.

- School and class rules as well as reward systems.
- Adults listening to children.
- SEAL (Social, Emotional Aspects of Learning): A national programme, which looks at many issues for children including bullying.
- Anti-bullying week with assemblies and class activities.
- Talk Partners: Children are encouraged to discuss their learning with all children in their class through talk partners, thus promoting a greater understanding and tolerance between children.
- ELSA-Trained staff to work with pupils who need emotional support.

**Procedures at Elmwood**

- Interviewing all parties and a follow up with the person who reported the situation.
- Informing parents.
- Follow Behaviour Policy and school sanctions.
- Support for the victim and the bully.
- A restorative approach (a practice which brings together the children involved in the conflict in order to find an agreed resolution, and consequences for those responsible for bullying).
- Referral to outside agencies if necessary.

**What should we do about bullying?**

If you feel bullied, walk away and always tell an adult. Don't do something back! Don't be frightened to tell someone. If you see bullying happening, don't join in; tell an adult. Nobody likes bullying. Stop bullying to make life better.

**Stop bullying; make Elmwood a better place to be.**

At Elmwood we talk to our children about **STOP**.

**S**everal

**T**imes

**O**n

**P**urpose



**S**tart

**T**elling

**O**ther

**P**eople