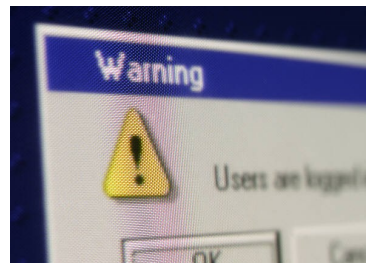
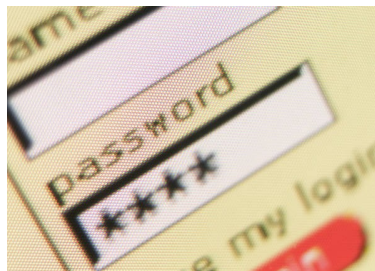


How to keep your child safe online

A guide for parents



Cyberbullying-

A form of bullying online where children can be contacted through mobile phones, chat rooms, social media sites. It can be anonymous and it can often be seen by other people.

Learn more- <http://videocentral.lgfl.org.uk/Watch.aspx?v=maXbpfhGjE89sX>

Top tips-

Offer reassurance and support. Don't be afraid to ask questions

Tell your child that if they are being bullied to always keep the evidence

Block the bullies

Learn how to report and where to go for further support

Online grooming-

This can take many different forms. It can include; Children talking to people on the internet that they may not know who may ask to meet them, promise them things (such as a free Ipad), ask where they live/ what school they go to or talk to them inappropriately.

Learn more- <http://videocentral.lgfl.org.uk/Watch.aspx?v=KhmHg03bzuK5O6>

Top tips-

Talk to your child about online grooming

Talk to them about their online friends

Let your child know that you are always there for support and you understand how easy it is for things to get out of control online

Learn how to report any inappropriate contact made to your child online

Report and support-

Report suspected online grooming – this could sexual chat, a child being asked to do something that makes them feel uncomfortable or someone insisting on meeting up then report it to **CEOPs-**

www.ceop.police.uk

or

Childline- 24 hour confidential helpline for children and young people on...

Inappropriate websites-

Websites that are not age appropriate or topic appropriate. For example websites that include or promote-

- Violence
- Racial Hate
- Pro eating disorders
- Gambling
- Pornographic

Set controls on:

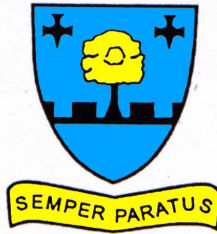
- Computers
- Laptops
- Tablets
- Mobile devices
- Games Consoles
- ALL internet enabled devices

How do these controls help-

- Block sites that are not age appropriate
- limit inappropriate and illegal material
- Set timings – automatic switch off at bedtime
- Monitor activity

To learn more or help your child to stay safe-

View age appropriate animations and films at -
www.thinkuknow.co.uk/parents and www.youtube.com/ceop



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